

Amicura *life*



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Letter from the Editor's Desk

Dear Readers,

Welcome to our latest newsletter, brimming with beautiful memories from our care homes. This edition highlights the joyous experiences and special celebrations taken place over the last few months.

The summer sun has brought the best of outdoor enjoyment for our residents. Enjoying our grounds and courtyard, residents have indulged in gardening activities, outdoor games and simply admiring nature.

We had the honour of celebrating Ron's 103rd birthday at The Glen, along with Joan and Alexander's shared 99th birthday, celebrated with karaoke and parties that filled the air with joy. The homes commemorated the 80th D-Day anniversary, ensuring these important historical moments are never forgotten. The days have been busy with the weekly activities organised by our

lifestyle team like entertainment, exercise, dog therapy, beauty and pampering, and some unique experiences to keep our residents healthy and active.

These stories are just a glimpse of the vibrant life at Amicura Homes. We are dedicated to creating an environment where every day is an opportunity for joy, connection, and meaningful activities. For more stories and regular updates, please visit our website and follow us on Facebook and LinkedIn.



Rahi Joshi

Marketing Associate
Amicura Care Group

Special Birthdays

The Glen celebrated a very special birthday, our resident Ron, an RAF Veteran who grew up in Beetham where his family were farmers, celebrated his 103rd birthday. He enjoyed a lovely afternoon with his son Ken, who also resides at The Glen, along with staff and residents. Ron had a wonderful time with many visits from family and friends. The Glen had another wonderful celebration as Joan and Alexander both celebrated turning 99 on the same day. The celebrations included a party with karaoke, making it a memorable occasion for all.



Sunshine & Smiles

Outdoor Enjoyment at Liberton Brae

The residents at **Liberton Brae** had a wonderful time soaking up the sunshine on the beautiful grounds.



Garden Games at The Glen

The Glen was buzzing with excitement as residents, staff, and family members came together for a day of garden games with some refreshing treats of beer, ice cream, ice lollies, and fresh fruits.



Garden Bingo at Harmony House and Haslingden Hall

Harmony House and Haslingden Hall residents had a blast with a fun-filled bingo session in the garden. The weather was perfect for a fun games afternoon.

Haslingden Hall



Weekend Fun at Kingfisher

At **Kingfisher**, residents embraced a weekend full of joy and relaxation. While soaking up some sun, residents also indulged in horticultural therapy.



Creative Gardening at Kingsley

This season, **Kingsley** residents embarked on a creative gardening project, crafting bird feeders and tyre planters.



Activities & Celebrations

Amicura Homes Commemorating 80th D-Day Anniversary

AFTERNOON TEA AND SING-ALONG AT KINGFISHER



CUPCAKE DELIGHTS AT ANDREW COHEN HOUSE



HONOURING D-DAY AT HASLINGDEN HALL

National Fish & Chips Day

Residents at **Kingfisher** marked this beloved British tradition by savouring delicious fish and chips, bringing smiles and good memories.



Abba Day

The Glen celebrated Abba Day with live entertainment by Gabrielle. The home team joined in the fun, dressing up in Abba-themed costumes, and everyone enjoyed a day filled with singing and dancing.



VE Day Celebrations:

VE Day themed party at **Haslingden Hall**



St George Day

The residents at **Kingfisher** celebrated St George's Day with a sing-along.



Eurovision Party:



Highlights from Past UK Entries: Residents enjoyed a nostalgic journey through past UK Eurovision entries at **Haslingden Hall**. The party was lively with music, dance, and lots of fun.



Football Memories at **Kingsley**: Football enthusiasts at **Kingsley** created 'Euros' bunting and shared their cherished football memories, adding to the festive atmosphere.

Weekly Activities Across the Homes

Our care homes are bustling with a wide range of activities designed to keep our residents engaged, active, and happy. Here's a snapshot of the weekly activities that have been bringing joy and excitement to our care homes.

Entertainment

Roseway House



Liberton Brae



Exercise Class

Kingfisher



Kingsley



Dog Therapy

Haslingden Hall



The Rivers



Beauty Day

Kingfisher



The Rivers



Haslingden Hall



VR Experience

Kingfisher



Quiz and Bingo

The residents at **Liberton Brae** enjoy some quiz time in the home's bistro café.



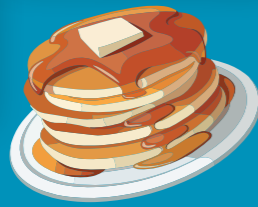
Weekly Activities Across the Homes

Baking Sessions

Brownies and Cupcakes presented by **Harmony House** residents.



Aromatic Scones from **Roseway House**

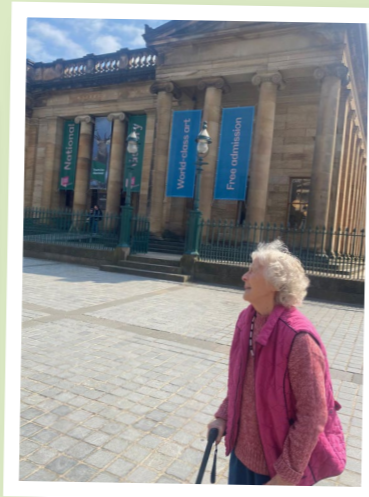


Pancake Friday at **Kingsley**



Day Out

The residents from **Liberton Brae** visited National Portrait Gallery enjoying some sunshine and admiring the art.

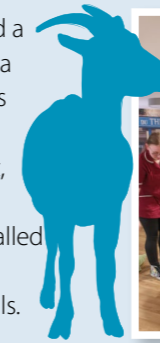


The residents from **Haslingden Hall** take a stroll in the local community on a bright sunny day



At Home Safari Experience

At **The Glen**, residents had a wonderful afternoon with a home safari, featuring visits from Pygmy Goats Ant & Dec, Guinea Pig Gingernut, Chinchilla Sweep, Rabbit Minnie, and a skinny pig called Liquorice. Everyone loved interacting with the animals.



Games

Balloon Volleyball at **Harmony House**

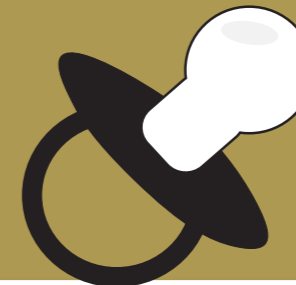


At Home Bowling at **Kingfisher**



Baby Group

At **Haslingden Hall**, frequent sessions with the baby group lift the residents' spirits, as they enjoy the company of adorable little ones.



CHALLENGE

Go Green Amicura

July is recognised as a Plastic Free month; we are organising a friendly competition where residents with the help of the home team will aim to reduce plastic use and promote upcycling of the used materials



Rules of the Competition

Replace Plastic with a Sustainable Alternative

Get inventive and think outside the box to discover innovative ways to reduce plastic use.

Upcycle and Create

Embrace the challenge of transforming old materials into new treasures that serve a practical purpose. Use upcycled materials to create useful and unique pieces. This could be anything from garden decorations to household items.

Submission

Share the stories with high-quality photos behind your project. Post updates and photos of your progress on social media using the hashtag #gogreenamicurachallenge. Submit your final entries with photos and details of the initiative by 31st July 2024 to news@amicura.co.uk

Winner

The most creative home will be awarded an exciting prize of £250 contributed towards the home's comfort fund. The winner will be announced in our next newsletter and on our social media platforms.

Summer word search

K	S	A	N	D	A	L	S	F	M	U	K	T	Q
X	U	T	I	T	X	H	O	T	L	K	W	R	N
V	N	C	C	A	M	P	F	I	R	E	I	A	S
P	G	P	E	M	P	N	E	Z	P	C	K	V	D
R	L	R	C	B	Q	P	S	K	H	A	T	E	H
N	A	J	R	M	E	S	C	M	U	B	R	L	A
A	S	Y	E	A	N	L	S	H	E	L	L	K	J
P	S	P	A	W	L	I	C	A	J	F	C	S	K
O	E	I	M	A	C	A	M	P	I	N	G	U	F
O	S	C	B	D	U	R	O	J	Y	X	O	N	H
L	F	N	J	L	X	N	B	D	M	F	B	O	K
Y	L	I	A	A	T	V	A	C	A	T	I	O	N
N	M	C	Z	K	B	E	A	C	H	T	D	N	E
G	Y	L	R	D	I	S	B	M	P	K	A	S	G



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|--------|----------|----------|------------|
| TRAVEL | SUN | CAMPING | HOT |
| POOL | PICNIC | SANDALS | SUNGLASSES |
| HAT | BALL | PARK | ICE CREAM |
| BEACH | VACATION | CAMPFIRE | SHELL |

